

Your Best You: Find Purpose

Life Younique founder Will Mancini asks this question:

Do you see your mission in life as something created, designed, and given by God? We are called not just to follow Jesus (a common call to all people) but we are called to accomplish something specific as a one-of-a-kind saint (your special assignment from God).

Is there a process of discovering and living out your unique life call?

THE QUICK SUMMARY - [The Call](#) by Oz Guinness

The Call continues to stand as a classic, reflective work on life's purpose. Best-selling author Os Guinness goes beyond our surface understanding of God's call and addresses the fact that God has a specific calling for our individual lives.

Why am I here? What is God's call in my life? How do I fit God's call with my own individuality? How should God's calling affect my career, my plans for the future, my concepts of success? Guinness now helps the reader discover answers to these questions, and more, through a corresponding workbook - perfect for individual or group study.

According to Guinness, "No idea short of God's call can ground and fulfill the truest human desire for purpose and fulfillment." With tens of thousands of readers to date, *The Call* is for all who desire a purposeful, intentional life of faith.

A SIMPLE SOLUTION

The journey to "discover one's self" has many paths. There are also innumerable resources along those paths. The bookshelves – both physical and digital – are filled with volumes dedicated to helping you "discover your purpose," "finding the true you," and many more similar promises.

If you are serious about undertaking such a journey, beware of the inadequate answers offered by most of those resources. While not necessarily wrong, they all fall short of this truth verbalized by author Os Guinness:

Our life purpose comes from two sources at once – who we are created to be and who we are called to be. The real notion of calling is the "ultimate why" for human living.

Become an entrepreneur of life and see all of life as an enterprise transformed by his call. Count the cost, consider the risks, and set out each day on a venture to multiply your gifts and opportunities and bring glory to God and add value to our world. Answering the call is the road to purpose and fulfillment in your life.

Deep in our hearts, we all want to find and fulfill a purpose bigger than ourselves. Only

such a larger purpose can inspire us to heights we know we could never reach on our own. For each of us the real purpose is personal and passionate: to know what we are here to do, and why.

The notion of calling, or vocation, is vital to each of us because it touches on the modern search for a basis for individual identity and an understanding of humanness itself.

Calling is the truth that God calls us to himself so decisively that everything we are, everything we do, and everything we have is invested with a special devotion, dynamism, and direction lived out as a response to his summons and service.

Os Guinness, [*The Call*](#)

A NEXT STEP

Set aside a two-hour time block free of distractions of any kind. Divide a chart tablet into three sections, and head each one with the following:

Devotion - commitment to some purpose, willingness to serve God

Dynamism - the activeness of an energetic personality

Direction - the concentration of attention or energy on something

Author Os Guinness states, "Calling is the truth that God calls us to himself so decisively that everything we are, everything we do, and everything we have is invested with a special devotion, dynamism, and direction lived out as a response to his summons and service."

Rereading this statement each time, take 30 minutes to reflect on each of the three categories listed on the chart tablet. Write as many words, phrases, or sentences – or draw images – that illustrate your current life in that particular area.

After you have completed all three sections, take a 20-minute prayer walk outside, away from distractions, asking God to help you focus those three areas to that you are both comforted and challenged by the calling of God in your life.

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*This is part of a weekly series posting excerpts from one of the most innovative content sources in the church world: **SUMS Remix** book excerpts for church leaders.*

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As a church leader you get to scan relevant books based on practical tools and solutions to real ministry problems, not just by the cover of the book. Each post will have the edition number which shows the year and what number it is in the overall sequence. (SUMS Remix provides 26 issues per year, delivered every other week to your inbox).

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